

Coyote Kitchen - October Menu

Week 1		Week 2		Week 3		Week 4	
2	Taco in a Bag <i>(Gluten Free Available)</i>	9	No School 	16	Macaroni & Cheese Fresh Celery	23	Grilled Cheese Oven Fries Fresh Cucumbers <i>(Gluten Free Available)</i>
3	Chicken Strips Oven Fries Fresh Cucumbers	10	Cheese Pizza Fresh Cucumbers	17	Chicken Burger Oven Fries Fresh Carrots	24	Hot Dogs Caesar Salad <i>(Gluten Free Available)</i>
4	Chicken Drumsticks Rice Steamed Broccoli <i>(Gluten Free Available)</i>	11	Beef & Vegetable Stew 60% Whole Wheat Bun <i>(Gluten Free Available)</i>	18	Shepard Pie <i>(Ground Beef, Corn, Mashed Potatoes)</i> <i>(Gluten Free Available)</i>	25	Meat Balls Mashed Potatoes Cooked Corn <i>(Gluten Free Available)</i>
5	Grill Cheese Tossed Salad <i>(Gluten Free Available)</i>	12	Scrambled Eggs Hash Browns Fresh Carrots	19	Chicken Strips Oven Fries Fresh Cucumbers	26	Hamburger <i>(side fresh lettuce/tomato)</i> Oven Fries Fresh Cucumbers
6	No School 	13	Meat Balls Mashed Potatoes Cooked Corn <i>(Gluten Free Available)</i>	20	Corn Dogs Tossed Salad	27	No School 